



YOUR NURSE NAVIGATOR WILL:



Help You Understand:

- Talk to your physician or other health care providers on your behalf
- Ensure services are being coordinated when multiple doctors are involved in your care
- Discuss treatment plans with your physician and help you understand possible adverse drug interactions
- Help you manage your chronic conditions, such as diabetes and asthma
- Work to improve the integration of clinical services to minimize duplication and redundancy



Be Your Clinical Expert:

- Help you comprehend a diagnosis that you received from your physician
- Answer questions about what to expect with tests
- Prepare you for surgery and other health care procedures
- Provide written information about a diagnosis or treatment plan, including public clinical websites
- Review all of your medical information with you
- Explain what your Health Risk Assessment results mean



Explain Your Options:

- Discuss treatment options that your physician has recommended to you
- Review your wellness benefits to see how your plan can help in your treatment
- Explain medication choices and benefits

Call DirectPath and ask to speak to your Nurse Navigator!

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Monday-Friday: 7 a.m. – 8 p.m. CT
Saturday: 8 a.m. – 1 p.m. CT



DirectPath